

MEZZET dar

Tapas inspired by Lebanon & Spain

Las Medianas 1

Fadi's Favourite Dip **N / GF / V** £9.00
Pistachio + feta cheese + labneh with toast

Padron Peppers **V / DF / GF** £8.50
*Traditional Galician peppers from Padron
(some are spicy and some are not!)*

Special Croquettes Selection £11.00
Bechamel based croquettes

Halloumi on Holiday **V / GF** £9.50
*Grilled halloumi + Pesto (nut free) + sundried
tomatoes*

Traditional Patatas Bravas **GF / V** £9.00
Potato shots + brava sauce + aioli

Silence of the Lambs **GF / DF** £12.00
*Marinated Scottish lamb fillet + roasted baby
potatoes and carrots*

Calamares Fritos **DF** £10.50
Fried baby squid + aioli

Gambas al Ajillo **GF / DF** £12.50
King prawns + garlic

**Brussel Sprouts + Broccoli + Pine Nuts
with Matchstick Chips** **V / DF / GF** £11.00

Tortilla Traditional **V / GF** £9.00
Traditional Spanish omelette



(N) DENOTES DISHES THAT MAY CONTAIN NUTS
(V) DENOTES DISHES SUITABLE FOR VEGETARIANS
(DF) DENOTES DISHES THAT ARE DAIRY FREE
(GF) DENOTES DISHES THAT ARE GLUTTEN FREE
(PN) DENOTES DISHES THAT MAY CONTAIN PINE NUTS
(P) DENOTES DISHES SUITABLE FOR PESCATARIANS
PLEASE ASK ABOUT ANY OTHER DIETARY REQUIREMENTS



Las Medianas 2

Seafood Paella **GF / DF / P** £12.00

Baked Baby Aubergine **V / GF / DF** £11.50
Baked aubergine + tomato + chickpeas with rice

'Fantastic' Cod **GF** £15.00
*Cod fillet + smash potato + broccolis + fried cherry
tomatoes + pomegranate molasses*

Cod 'Tempura' **DF / GF** £13.00
Cod fillets marinated with ink of octopus

Tropical Scallops **DF** £11.00
Scallops + fried breadcrumbs + pomegranate molasses

Houmous Pulled Lamb **DF / GF** £10.00
Houmous + lamb pieces

Rainbow Salad **V / DF / GF** £9.00
*Green tomato + yellow tomato + red tomato +
fresh figs + butterfly cheese*

Las Tablas

- Harissa and Lemon Olives** V / DF / GF £5.00
Mix of olives dressed with harissa + preserved lemons
- Kikos and Almonds** N / GF / V £5.00
Crispy salted corn and brittle almonds
- Regional Cheeses** V £11.00
Selection of cheeses from Spain
- Iberian Meat Selection** £13.00
Selection of Spanish cured meats and bread
- Jamon de Jabugo** DF £15.00
Acorn fed Iberian ham, the finest of the Spanish cured hams

(Please check allergy information with Mezzet Dar)



Postres (Desserts)

- Churros Con Chocolate** £6.00
- Tarta de Santiago (with Vanilla Ice Cream)** GF £6.00
- Chocolate Brownie (with Vanilla Ice Cream)** £6.00
- Tomato Cheesecake** GF £6.00
- Baklawa with Fruits** N £5.00
- Regional Cheeses** GF £11.00

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